

# Laxadil-EP

(Ispaghula Husk)

**Composition :** Each spoonful (5.38g) of Laxadil-EP powder contains 3.5g Psyllium powder (Ispaghula Husk).

**Laxadil-EP (Plantago Ovata husk)** Psyllium is a mild laxative & it contains 80% soluble fibre. The main chemical ingredient of Psyllium is mucilage; very useful in chronic constipation. It has also soothing effects on the gastric and intestinal mucosa and hence effective in gastric irritation and ulceration.

**What are the unique features of Laxadil-EP ?**

**Laxadil-EP** is an effervescent powder which increases the effect of psyllium by mixing water faster than ordinary psyllium. The main features of **Laxadil-EP** are-

- Sugar Free
- Orange flavored fibre drink
- Gluten free (can be taken by celiac disease patient)
- Maintains a healthy digestive system.

**Indication :** Ispaghula husk is used to treat constipation, Irritable bowel syndrome (IBS). Hemorrhoids or piles, helps healing ulcer of mucous membrane of stomach, helps reducing blood cholesterol and glucose that are suitable for obese & diabetic patients. Psyllium also provides easy bowel movement with smooth stool. So, it is desirable in patients with anal fissures, colon cancer, post anal & rectal surgery and during pregnancy.

**Dosage & Administration: Usual dose:** 1 spoonful (5.38g) 1-3 times daily. **Adults and children over 12 years:** 1 spoonful (5.38g) with water 2 times daily. **Children 6 to 12 years:** ½ to 1 spoonful with water depending on age and size, in the morning and at bed time. Or, as directed by the registered physician.

**Laxadil-EP should be taken after meal. An additional glass of water is helpful after taking Laxadil-EP.**

**Side effects:** Flatulence, abdominal distension, gastro-intestinal obstruction.

**Contraindication:** It is contraindicated in those who are hypersensitive to any component of this product and gastrointestinal tract obstruction or threatening obstruction of the bowel.

**Drug Interaction:** No significant interaction has been observed with other medicine.

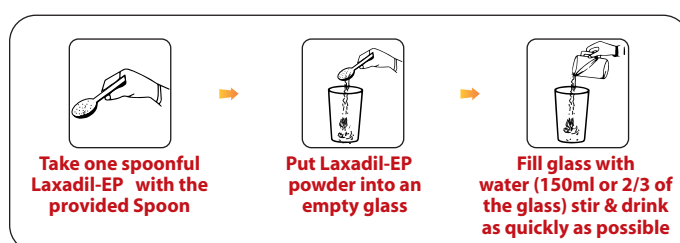
**Precaution:** Incorrect administration procedure (with too little fluid) can cause the product to swell and lead to obstruction of the esophagus or intestine, particularly with older people. Patients with exocrine pancreatic insufficiency should avoid use of Psyllium due to its inhibitory actions on pancreatic lipase.

**Use in Pregnancy and Lactation:** No adverse effects of Laxadil-EP have been reported.

**Storage:** Keep out of reach of children. Store in a cool & dry place. Protect from light.

**Packing:** Each box contains 120 gm formulated Psyllium effervescent powder in a plastic container with a dose measuring spoon.

**Direction:**



**Drink immediately after preparation**

